

Bucket List Ideas

Common Bucket List Ideas

- · Graduate high school
- Go to college
- Fall in love
- · Get married
- Find a job you love
- Have a fulfilling career
- Have kids
- Buy a house
- · Become a grandparent
- Retire

Bucket List Ideas for Travel

- Attend a luau
- Go on a cruise
- Go on safari
- Celebrate another country's holiday
- Hike in a rainforest
- See penguins in their natural habitat
- Go to an aquarium
- Swim with jellyfish
- Pan for gold
- Sleep on a houseboat
- Sleep in a teepee or yurt
- Stay at a bed and breakfast
- Stay in a resort hotel
- Stay in an underwater hotel
- Stay the night in a tree house home
- Stay in an ice hotel
- Travel in a train
- See all 7 continents
- Go wine tasting at a vineyard
- Visit a butterfly sanctuary
- See the monarch butterfly migration
- Visit a castle

- Visit all 50 US states
- Walk on a glacier
- See a glass beach
- Swim in a hot spring
- See the northern lights
- See redwood trees
- See an alligator in the wild
- Swim with the dolphins
- Learn how to hula
- Go snorkeling
- Swim with sharks
- Ride horses on the beach
- Attend the Olympics
- Visit an elephant sanctuary
- Take a hot air balloon ride
- Live in a foreign country
- Go scuba diving

Travel Bucket List Ideas for Specific Locations

- See ancient Mayan ruins
- Drive route 66
- Visit all the national parks
- See the Stanley hotel
- See the lights of Las Vegas
- Visit the Alamo in Texas
- Visit the 7 wonders of the world
- See the four corners
- Drive highway 1 in California
- Hike the pacific crest trail
- Hike the Appalachian trail
- · Shop on rodeo drive
- Ride an elephant
- Swim under a waterfall
- See the Hollywood walk of fame
- See the pyramids
- Swim at a hot water beach
- Visit Stonehenge
- See a Broadway musical
- Stand in times square
- Part at the playboy mansion
- Go to Disney world
- Visit the white house



- Hike a 14er
- Go to Mardi Gras
- See the view from the top of the empire state building
- See the statue of liberty
- See mount Rushmore
- See ice castles in Colorado
- See the Grand Canyon

Fun Bucket List Ideas

- Learn to play chess
- Run a marathon
- Finish a classic novel
- Set a Guinness world record
- Join a bike rave
- Ride a roller coaster
- Go sky diving
- Go bungee jumping
- Go parasailing
- Take a friendcation (a trip with friends)
- See an episode of a TV show live
- Be in a parade
- Ride a mechanical bull
- Go skinny dipping at night
- See your favorite band in concert
- Go kayaking
- Go white water rafting
- Go zip lining
- Go hang gliding
- Ride an ATV
- Ride a motorcycle
- Learn how to skateboard

Career-Related Bucket List Ideas

- Make a video that goes viral
- Become an expert in your field
- Mentor someone
- Master a new work-related skill
- Speak at a conference or event
- Start a business with a positive impact

- Pursue your passion
- Lead a major project
- Write a book
- Teach a workshop
- Take a job in another country
- Write a screenplay
- Retire early
- Send your kids to college
- Pay off all your debt
- Become a philanthropist
- Buy your own home and pay off the mortgage
- Go back to school for your Master's or PhD
- Start a scholarship fund in your name
- Become a millionaire
- Achieve financial independence
- Try out FIRE (Financial Independence, Retire Early) principles
- Quit your job and do something you love for a year

Unique Bucket List Ideas

- Support a cause that's important to you through donations or volunteering
- Paint a painting
- Go green and reduce your footprint to 0
- Regenerate 1 acre of soil to help reduce climate change
- Host a natural disaster refuge
- Do a week long digital detox
- Go vegetarian for one month
- Go vegan for one month
- Meditate
- Dye your hair a crazy color
- · Get a tattoo
- Get a six pack
- Become a black belt in karate
- Reach your goal weight
- Try a new type of exercise such as spelunking, tai chi, or barre classes



- Try reiki
- Try acupuncture
- · Conquer a lifelong fear
- Read 10 classic novels
- Become fluent in a new language
- Learn how to code
- Ride an e-bike
- Throw axes at a target
- Get a job in a different field
- Knit a sweater
- Learn how to snowboard
- Learn how to ski
- Learn how to surf
- Go horseback riding
- Climb a mountain
- Grow a massive garden
- Learn how to play an instrument
- Learn how to drive a stick shift
- Go on a blind date
- Be on TV
- Eat at a Michelin star restaurant
- Go to a gala or ball
- Ride in a limo
- Volunteer at the local animal shelter
- Build a dream home
- Build a tiny house
- Eat strange foods (like edible bugs or tropical fruits)

Bucket List Ideas for Couples

- Say, "I love you" and hear it back
- · Do couples yoga
- Take your partner on their dream vacation
- Buy your partner something they've been wanting for a long time
- Get a couples massage for the two of you
- Buy a house together
- Have a kid together
- Adopt a kid
- Host a foreign exchange student

- Start a new tradition together
- Write a love letter to your partner
- Find a way to help your partner make their biggest dreams come true
- Go on a double date
- Visit each other's hometowns
- Go on a picnic
- Go on cruise
- · Join the mile high club
- Take up a new hobby together
- Learn each other's love language
- Volunteer together
- Dress up in a couples costume for Halloween
- Learn to dance together
- Take a class together
- Go skinny dipping together
- Do a tandem bike ride
- Retire together somewhere nice
- Watch a meteor shower together

Simple Bucket List Ideas

- Be content with the present moment
- Enjoy all my experiences
- Savor every moment
- Be grateful for the experience I have
- Not worry so much about the future

Check out <u>berkeleywellbeing.com</u> for more well-being tips and tricks.