



List of Positive Emotions

- acceptance
- admiration
- adoration
- affection
- amazement
- amusement
- anticipating
- assertive
- attentive
- attraction
- awe
- bliss
- brazen
- calm
- carefree
- caring
- cheeky
- cheerfulness
- comfortable
- confident
- content
- courageous
- curiosity
- cynical
- delighted
- determined
- dominant
- driven
- eagerness
- ecstasy
- elation
- empathy
- enchanted
- enjoyment
- enlightened
- enthusiasm
- epiphany
- euphoria
- excitement
- expectancy
- fascination
- focused
- fondness
- friendliness
- glee
- gratitude
- happiness
- hope
- humility
- infatuation
- insightful
- interest
- intrigued
- joviality
- joy
- jubilation
- kind
- liking
- love
- lust
- modesty
- mystified
- nostalgic
- optimistic
- passion
- pleased
- pleasure
- positive
- pride
- relaxed
- relieved
- satisfaction
- Schadenfreude
- self-caring
- self-compassionate
- self-confident
- self-motivated
- self-respecting
- self-understanding
- sentimental



- serenity
- strong
- surprise
- sympathy

- tenderness
- thankfulness
- thrilled
- triumphant

- trust
- worthy